

# WOMEN ARE DANGEROUS

THEY BLEED..





# WOMEN ARE DANGEROUS: THEY BLEED.

Being a woman in different times and cultures had different aspects, requirements, attributes and meanings compared to those we understand today. From archaeological remains throughout the world it seems that there must have been mainly a worship of female goddesses for a very long time. From the attributes we can see in statuettes like the 'Venus of Willendorf', which is now world renowned and was found in 1908 in an Austrian

archaeological site near Krems, it is very likely that in Palaeolithic times humans revered a main deity which was essentially female.

The Palaeolithic period spans a very long time and is deemed to start around 2.5 million years ago till roughly 10,000 years BC. However, we have to take into consideration that for most of the Palaeolithic era there are no written documents, therefore

**"In my defense, the moon was full and I was left unsupervised."**

**~Unknown**

**“Those female goddesses who had been worshiped for thousands of years.”**

it is down to our interpretation what those statuettes represented and their use.

Those female goddesses who had been worshipped for thousands of years seem though to have been superseded by male figures that took over the spiritual and political realms from around roughly 5000 years BC onwards. It wasn't a sudden change but a very slow progression of a male world imposing his right and dominance on the feminine pantheon of deities and human customs.

What it is important to consider is that most mythologies around the world have this fundamental idea of a deity linked to the Planet which is a female entity or energy. Something must have happened to bring about this change as we can definitely state that in more recent history civilizations have been under the rule of patriarchy.

Most cultures have had male figures at the head of their states, governments, feuds or empires for a few millennia in addition to those having an influence in the running of the state affairs, commerce, politics, economics, religions, etc. Now and then few female figures appeared in parliaments, empires, republics and the rest for short periods of time, but always being surrounded by men who partly controlled them.

Things seemed to have become increasingly male oriented since Christianity prevailed in many parts of the world.

As there has been control over women for such a relatively long time there must have been a real or imagined fear whereby women couldn't be in charge or taken more into consideration by men, otherwise something 'really bad' might happen. So the question that comes up, if one wants to see a bit behind the scenes, is why?





I have asked myself that question since I was a young girl, because I could feel deep inside that I was restrained in my self-expression like other women around me. When I grew up I realised that the feeling of being controlled because of my gender, wasn't just an impression of mine, but a reality that not necessarily was applicable just to my country and society, but was a much bigger affair. Through my travels I could see that it was an issue that affected most continents: this trend was overall pervasive. I often asked myself "what are men afraid of?" but I couldn't come up with a plausible answer. Being born in the late 60's in Europe, I grew up believing in gender equality and civil rights for both men and women, therefore I couldn't understand why there appeared to be so much repression of women, even in the so called modern

world. Possibly the control of women is more cleverly hidden in the Western world, but still it remains a control.

I have to say that the area where I directly experienced this 'control' the most was in intimate relationships. It was only when I started having problems with my periods and looked more into this subject that a possible explanation began to appear. Even if I felt as a woman that I didn't completely stand on level ground with men, I never considered the subject of menstruation as a taboo. Yes, I did realize that it wasn't a subject talked about as freely as others at the dinner table, but it never occurred to me that there might be any correlation with the repression of women. How do the two link together?

Well, periods are considered as something 'dirty' and 'gross' in many cultures, or at least something which is better kept to yourself and not mentioned publicly. Menstruation is something that creates problems for women and therefore must be medicated or kept under control, exactly like women!

I didn't experience regular problems linked with my periods, but I became interested in the subject because my cycle was a little erratic during a very stressful period of my life.

When I discovered that menstruation is actually a system in a woman's body that regulates not only her fertility, but also her moods, her consciousness, her physical well-being and how she interacts with her surrounding world, I started understanding that Nature has equipped women with a very sophisticated system that can actually make them very powerful. Then the link between power and taboo started making sense.



Generally taboos are things that bear power at their core and it seems to me that menstruation is no different. Why are women dangerous?

The answer is because they are powerful! Let me explain to make it more clear. In our day and age the so called 'blood mysteries' are not general knowledge among most women in my view, as they have been deprived of their ancient female traditions and wisdom for a very long time. Like the majority of women, I didn't know that the menstrual cycle is not just a physical event which occurs in the female body designed to bear children, but the womb is also the place where many believe women store their consciousness, dreams and where their creativity comes from.

The womb is considered in traditional Chinese medicine to be the lower heart of a woman, therefore it is not only intended for procreation, but for higher purposes like giving a direction in life.

So what is happening to a woman during her menstrual cycle?

A woman goes through four different stages of approximately one week each where she enters very diverse conscious states. These phases are also comparable to the four seasons.

## THE FIRST WEEK

The first week is like Winter where she starts bleeding; in this menstrual phase she tends to be withdrawn and has low energy. She needs more sleep and attends to matters concerning more with her inner well-being. It is a time when she can have ominous and revealing dreams that can shed some light on her life and her future. She can be psychic and sensitive, hence her desire to retire from the outer world and keep to herself. In this time she may see through different dimensions and perceive her truth more clearly.

## THE SECOND WEEK

The second week is like Spring and is the pre-ovulatory phase of her cycle. This is a time where she has a lot of energy and her interest is directed to the outside world. It is a fantastic time for her to act and start new projects or continue with old ones that need to be finished. It is a good time for her to work, plan, strike deals, network and initiate whatever she wants. Everything seems doable and achievable and nothing is a problem, all can be resolved in the best possible way by her incredible positivity and sense of adventure..




## THE FORTH WEEK

The fourth week is like Autumn and is the pre-menstrual phase when she starts to withdraw again towards her inner world and starts reviewing what she has accomplished so far. As she is busy reflecting and pondering about herself, she starts being more critical towards others and her actions, because she knows what she really likes and wants. No more time is to be wasted on non-meaningful things, appointments, commitments or duties that are not necessary to her well-being. It is the moment of truth and nobody will be spared if they get in her way. During this week she becomes very efficient and super focused, but her rhythm starts slowing down and she needs more rest.



## THE THIRD WEEK

The third week is like Summer and is the ovulatory phase, the time when she can conceive. This purpose makes her very available and sociable, therefore she is the perfect queen of her 'queendom'. She can attract whatever she wants, she becomes magnetic and super powerful. Everything she touches turns into gold and she feels abundant and gracious with everybody. She is inspiring and beautiful, the perfect host and manager, a mother to anybody who needs her. She is full of energy and initiative, everything flows towards her with grace.



Then the cycle starts again and  
a woman becomes quiet,  
withdraws and so on in her  
Winter.



As you can see, if a woman is in line with her energies during the month, she actually follows a creative cycle which is the same one that creates life. In itself it is nothing scary and should be revered as sacred, but if not understood properly can be seen as something unpredictable and uncomfortable for men.

Women are dangerous because they can be erratic and, in extreme situations, they can go wild and have no mercy. They can be loveable and motherly like Mother Earth, the Egyptian goddess Isis, the Anatolian goddess Cybele and the Greek goddess Gaia or lethal and destructive like the Hindu goddess Kali who can bring about death, earthquakes, famine and plague.

What about women who have stopped menstruating?

Women in their 'wisdom' years can be seen as even more dangerous as they know their place in the world and they follow their intuition even more.

I am not saying that all men see women in the same way, but at an unconscious level they might all share this collective fear.

## How do I know if all of this is true?

I don't know for certain and possibly nobody knows, but I have asked myself why do men apparently fear us so much, even if they don't openly realize it? If women were to go back to their female consciousness, they would be wild and powerful as they might have been in the remote past and modern men might not like this

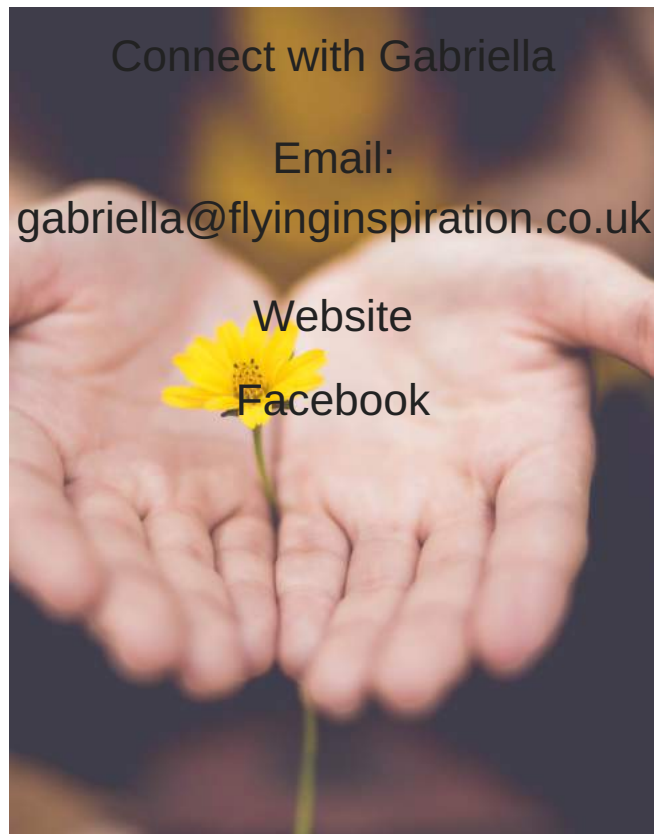
.Whatever you think the reason why women are perceived as dangerous might be, my advice to women is to reconnect with their 'blood mysteries' as this will bring them power and wisdom and will make their life easier and happier. Even if you don't believe that your womb is your lower heart, if you start connecting with it and consider it a special place of your female body, it might send you rewards and make you feel more grounded and balanced in your daily life.

Embrace being a dangerous and wild woman, bleed consciously and see what happens in your life and, if you are post-menopausal, I would encourage you to share your wisdom with pride. I can assure you that you will not be disappointed.

May love and peace be with you at all time, dangerous woman!

Gabriella Guglielminotti Trivel

A 'Woman of the XXI Century', Author, Speaker and Feminine Cycle Consultant.



Gabriella was born in Italy and studied foreign languages at the University of Turin, her home city. She is a qualified Master Practitioner of Neuro Linguistic Programming (NLP) and traveled around Europe, Asia, Africa, America and Antarctica. She lives in the UK and is a published author, speaker, visionary and coach who helps women gain confidence, authority and fulfillment in life by knowing better their body. She also helps couples improve their relationship and find a more satisfying way to communicate to have better intimacy. Gabriella helps women reconnect with their female cycle to improve the quality of their lives.